

Christ Episcopal Church

601 East Walnut Street Springfield, Missouri 65806 (417) 866-5133

April 2024

The Messenger of Good News

www.christepiscopalchurch.com

With One Voice: The Iona Music Tradition

Background:

The current Warden of the Iona Abbey, Jan Sutch Pickard offers: "For many of us find that, when it is hard to articulate our theology in any other way, we can sing our faith." The Iona Worship Tradition is deeply rooted in the spiritual heritage of the Iona Community, a Christian ecumenical community founded by Rev. George MacLeod in 1938. Located on the Isle of Iona off the coast of Scotland, the Iona Abbey has been a center for Christian pilgrimage and worship for centuries, drawing visitors from around the world seeking spiritual renewal and contemplation.

Central to the Iona Worship Tradition is a commitment to inclusive and participatory worship that reflects the community's values of justice, peace, and reconciliation. Worship services at the Iona Abbey are characterized by their simplicity, authenticity, and creativity, often incorporating elements from various Christian traditions, as well as elements inspired by Celtic spirituality.

One distinctive feature of the Iona Worship Tradition is its emphasis on communal participation and shared leadership. Worship services are often led by members of the community and visiting pilgrims, fostering equality and empowerment amongst worshippers. This participatory approach to worship invites all individuals to contribute their gifts and talents, creating a sense of belonging and community.

Another hallmark of the Iona Worship Tradition is its use of music, poetry, and visual arts to enhance the worship experience. Hymns and songs from diverse cultural and theological backgrounds are sung, often accompanied by simple instrumentation or a cappella singing. Poetry, prayers, and scripture readings are woven throughout the worship service, inviting worshippers to engage with the sacred texts and themes in a meaningful and reflective way.

In addition to its emphasis on communal worship, there is a strong emphasis on social justice and activism. Worship services often include prayers and reflections that address contemporary social issues such as poverty, environmental degradation, and systemic injustice, calling worshippers to respond with compassion and action.

Iona Abbey Music Book:

Recently, I purchased the Iona Abbey Music Book per the recommendation of a colleague. This book is a comprehensive collection of hymns, songs, and liturgical music that reflects the rich musical heritage of the Iona Community and the worship tradition of the Iona Abbey. Compiled and curated by members of the community, the music book serves as a valuable resource for worship leaders, musicians, and congregations seeking to engage in meaningful and spiritually enriching worship experiences. It reflects the Iona Community's commitment to the belief that "worship is all that we are and all that we do, both inside and outside the church, with no division into the 'sacred' and the 'secular'."

continued on pg. 2

Online Worship Schedule

Sunday Morning live at 10 a.m. on our Facebook and YouTube Channel (search Christ Church Springfield, MO)

In-Person Worship

Sunday Morning Holy Eucharist Rite I at 8a.m. and Rite II at 10 a.m.

Thursday Evening Holy Eucharist Rite I at 5:30 p.m. (with Healing Service the last Thursday of the month)

Office Hours

Monday-Friday, 8:30 a.m-5 p.m. (Closed for lunch 12 p.m.-1 p.m.)





Stay informed about the latest youth events and news happening across The Diocese of West Missouri. Scan the QR code to sign-up!

continued from pg. 1





The collection features a wide range of musical styles and genres, including traditional hymnody, contemporary worship songs, chants, and responses, reflecting the diverse cultural and theological backgrounds of the Iona Community and its visitors. This diversity of musical expressions allows us worship leaders to tailor worship services to the unique needs and preferences of our congregations while maintaining a cohesive and unified worship experience. The book also includes liturgical (Mass) settings, prayers, and responses that can be used to structure worship services. These liturgical resources draw upon the Celtic spiritual tradition and the rich liturgical heritage of the Christian church, providing worshippers with a framework for engaging in communal worship that marries both ancient and modern.

Overall, the Iona Abbey Music Book is an excellent resource for worship communities seeking to deepen their spiritual lives and engage in worship that is inclusive, diverse, and socially engaged. This integration allows for a holistic approach to worship that engages the mind, body, and spirit while fostering a sense of community and connection with God and one another.

Tl;dr: keep your eyes peeled for some new songs sprinkled into our upcoming seasons.

Humbly submitted by: Kenny Kabak

Immigrant and Refugee Support Interest

The Outreach Committee at Christ Church would like to know if members of our church would be interested in volunteering with the International Institute of Southwest Missouri (IISW). The IISW works with new immigrants and refugees to create a welcoming, prosperous, and healthy region for all. The IISW offers services such as English classes, employment, orientation, and citizenship preparation, as well as other services to help support their transition to the area.

If you would be interested in volunteering or would like to learn more, please reach out to Julia Taylor at juliaellentaylor@gmail.com and Deb Myrick at debmyrick1216@gmail.com and let them know you're interested. If there is enough interest Christ Church and the Outreach Committee would like to consider partnering with the IISW.



April Outreach Focus: Red Bag Diapers



The Red Bag Brigade focus for April will be diapers! The Diaper Bank of the Ozarks, a program of the Council of Churches of the Ozarks, keeps babies healthy and happy by distributing diapers to families in need throughout the Ozarks. Please help us provide diapers to this agency, where families report that by receiving diapers, it allows them to: feel less stress, buy food, feel like they're being a better caretaker, pay a bill or put money in a savings account. Another way to help, CCO welcomes volunteers to repackage diapers for distribution. Please visit with Julia Taylor or Mary Kay Ross if you would like to do this! More than 6 million diapers have been distributed since 2012. Please help us make a difference in the lives of families (and babies!) In need in our community!

Submitted by Mary Kay Ross



Every year in the United States, 350 children aged 17 and under gain access to a firearm and unintentionally shoot themselves or someone else. Nearly 700 more die by suicide with a gun each year. We have the power to prevent tragedies like these from happening. Everytown for Gun Safety Support Fund has developed the Be SMART framework to help parents and adults prevent child gun deaths and injuries.

Did You Know

4.6 million children in America live in homes with guns that are both loaded and unlocked.

350 children 17 and under gain access to a firearm and unintentionally shoot themselves or someone else—sometimes fatally.

Nearly 700 children 17 and under die by suicide with a gun each year.

Safety is Always an Adult Responsibility

Kids will be kids, so it's always an adult's responsibility to keep children safe. Always assume that curious or impulsive kids may find and touch an unsecured gun, even if they've been told not to. If a child handles a gun, a bad decision can quickly become a fatal one. Be SMART adults protect kids by making sure all guns are stored securely, which means they are inaccessible to kids, and by making sure children are never in the presence of unsecured guns.

Our Story

Everytown for Gun Safety launched the Be SMART campaign to take action to promote responsible gun ownership and reduce child gun deaths. The campaign focuses on education and awareness about child gun deaths and secure gun storage. Be SMART volunteers encourage parents and caretakers to "Be SMART" and take these five simple steps to help prevent shootings by children: Secure all guns in your home and vehicles; Model responsible behavior around guns; Ask about the presence of unsecured guns in other homes; Recognize the role of guns in suicide; Tell your peers to be SMART.

Be SMART

Secure all guns in your homes and vehicles; **Model** responsible behavior around guns; **Ask** about unsecured guns in other homes; **Recognize** the role of guns in suicide; **Tell** your peers to Be SMART

What Can You Do?

It's simple. Spread the Be SMART message. Talk to your friends and family about the importance of secure gun storage, and get the word out in your community. Volunteers all over the country are available to deliver a 20-minute presentation entitled "Be SMART: A conversation about kids, guns and safety" to local groups and organizations.

Visit **BeSMARTforKids.org** to learn more and download resources. When it comes to kids' safety, we're all in this together!

For more information or to get involved **text SMART to 64433**

Follow us on Facebook
www.facebook.com/BeSMARTforKids.org
or on Twitter@Everytown



Talking To Your Children About Guns

Every year, 350 children unintentionally shoot themselves or someone else when they find unlocked, loaded guns.¹ Nearly 700 American children die by gun suicide each year.² One study showed that over 80 percent of children under the age of 18 who died by gun suicide used a gun belonging to a family member.³ The Be SMART program, designed to prevent these shootings, recognizes **that secure storage by adult gun owners is essential to preventing unauthorized, unsupervised access to firearms by children.**

It is always an adult's responsibility to prevent unauthorized access to guns, not a curious child's responsibility to avoid guns. That means always keeping all firearms unloaded, locked, and stored separately from ammunition.

And yet research shows that approximately 4.6 million American children live in homes with guns that are not stored securely. We recognize that until every gun is securely stored, children are still at risk of finding unsecured guns, and parents need guidance on how to talk to their children about what to do if that happens. The suggestions below, developed in collaboration with Marjorie Sanfilippo, Ph.D., a professor and expert on children's behaviors around firearms, are a good place to start:

Tips for Talking to Young Children:

- Make it part of the normal safety conversation you have with your children.
- Keep the language simple; for example: "If you see a gun, don't touch it. Tell an adult right away."
- Tell children not to touch a gun, even if it looks like a toy.
- Assure children they will not get in trouble if they tell an adult they've seen a gun.
- Repeat it on a regular basis.

Tips for Talking to Adolescents:

- Include it in your general safety conversations about topics like drugs, alcohol, and drunk driving.
- Tell them to immediately leave any situation where an unsecured gun is present.

- Tell them not to listen to a friend who says a gun is unloaded or otherwise safe.
- Give your teen strategies to get out of a situation where a gun is present—or brainstorm them together. For example, you could agree that your teen would say: "Mom just texted me that I have to get home right now."
- Assure them that it's OK to ask people about the presence of unsecured guns in other homes they may be visiting, but offer to do it for them if they don't feel comfortable.

Tips for All Ages:

- Don't have the conversation only once. Talk to them frequently, just as you would about other crucial safety issues.
- Make sure they understand that any situation where there's an unsupervised gun is a dangerous situation.

It is important to remember that **talking to children about guns is a precaution, not a guarantee of safety.** One study found that young children who go through a week-long gun safety training are just as likely as children with no training to approach or play with a handgun when they find one.⁵

This is one reason we take issue with the National Rifle Association's program to reduce unintentional shootings by children, Eddie Eagle, as it focuses solely on educating children not to touch guns without permission and to alert an adult if they find a firearm. That alone is not nearly sufficient to reduce unsupervised access to guns by children.

¹ Everytown for Gun Safety, "#NotAnAccident Index: Unintentional Shootings by Children," https://everytownresearch.org/maps/notanaccident/. A yearly average was developed using data from 2015 to 2021. Incidents from the index are collected from media reports of unintentional shootings by children under the age of 18 that result in injury or death.

Centers for Disease Control and Prevention. National Center for Health Statistics, WONDER Online Database, Underlying Cause of Death. A yearly average was developed using five years of most recent available data: 2016 to 2020. Analysis includes children aged 0 to 17.
 Renee M. Johnson et al., "Who Are the Owners of Firearms Used in

Renee M. Johnson et al., "Who Are the Owners of Firearms Used in Adolescent Suicides?" *Suicide and Life-Threatening Behavior*, 40, no. 6 (2010): 609–11.

Matthew Miller and Deborah Azrael, "Firearm Storage in US Households with Children: Findings from the 2021 National Firearm Survey," *JAMA Network Open S*, no. 2 (2022): e2148823.
 Marjorie S. Hardy, "Teaching Firearm Safety to Children: Failure of a

Marjorie S. Hardy, "Teaching Firearm Safety to Children: Failure of a Program," Journal of Developmental and Behavioral Pediatrics 23, no. 2 (2002): 71–76.



- 1 Jim Ferguson
- 2 Tim Conner
- 2 Pfifer Duerkop
- 4 Mary Stamatis
- 5 Brian Riedy
- 5 Izzy Dunn
- 5 David Christiano
- 5 Dee Vincel
- 5 Gemma McElvaine
- 5 Letitia Vankleeck
- 6 Pam Anderson
- 6 Dr. Allin Sorenson
- 6 Barrett Smith
- 8 Campbell Ollis 8 Noah Hammock
- 9 Emilie Bridges
- 10 Vanessa Rahmeyer

- 11 Ethan Hopper
- 12 Kim Chaffin
- 12 Walker Tynes
- 12 Suzanne Thomas
- 12 James Doherty
- 13 Martha Chaney
- 14 Donna Carney
- 14 Susan Milne
- 14 Theresa Robertson
- 15 Catherine Cockrill
- 16 Vivian Brothers
- 17 Frances Johnson
- 17 Jeff Tynes
- 18 Caleb McNew
- 18 Jill Patterson
- 19 Jan Goforth
- 19 Tim Stoke

- 20 Joseph Machatschek
- 20 Ian Lovd
- 22 George Timson
- 22 Brett Larsen
- 22 Phyllis Patterson
- 22 Debra Howell-Middlemas
- 22 Kason Davis-Campbell
- 23 Betsy Kassab-Taylor
- 24 Susan Craig
- 24 Elizabeth Johnson
- 27 Aiden Woodruff
- 28 Lexi McNew
- 28 Tracy Clark-Stovall
- 29 Tom Mangan
- 29 Maxwell Johnson
- 29 Charles McFarland
- 30 Madeleine Miller



Bissett News!

Teacher Appreciation Week is the first week in May! Christ Church will celebrate teachers on Tuesday, May 7th with a salad luncheon. We will need a variety of salads, breads and desserts to serve teachers and staff. There are 40 hungry mouths to feed so we welcome all creative cooks and their special dish. Please text or email Kathy (kathysheppard1950@gmail.com) if you are able to feed these deserving teachers. Have food to church by Mon-

day, May 6 and leave it in the refrigerator or Tuesday morning by 9:00 am. Thank you!

Cents of Pride: Christ Church will be stocking the Cents of Pride store on Wednesday, April 17 and Friday, May 17. We could use one or two volunteers on both days. Be there 8:15 a.m. – 2:00 p.m. or any part of that time slot. If you would like to donate toys and sports equipment for the store, look for a large box at end of the hallway by the elevator. Bissett kids are thankful for the many wonderful ways Christ Church helps to make Bissett a stronger school! Contact Kathy Sheppard for questions.

FYI: 3rd and 4th grade classes were treated to a field trip to SLT to see Mary Poppins!

Thank you Christ Church! We are making a difference in these kids' lives.

Submitted by Kathy Sheppard









The next Women's Fellowship evening will be held on April 3 at The Rock (located 4018 S Lone Pine Ave, Springfield, MO 65804) from 5 to 7 p.m. The sign up sheet for this is on the bulletin board across from the office.

The Women's Fellowship for May will be Wednesday, May 1. Please come and enjoy a May Day celebration at the home of Kathy Sheppard (located 1287 S Post Oak Court, Springfield, MO 65809). Bring nothing but your smile, and a name tag, if you have one, from 5:00-7:00 pm. Mingle and jingle with all the happy women of Christ Church! We welcome young, old, new and those of us who are aren't any above. Bring a friend! ♥ Please sign up on board across from the office if you wish to attend.



There will be men's fellowship evenings in April and May! Please keep an eye on upcoming bulletin and email announcements for details on dates, times, and locations. See you soon!





The Final Lenten Soup Supper; March 20





March Women's Fellowship; Saturday, March 9 at The Workshop in Ozark





Garden Guild will be selling geraniums again this spring. Look for sign up sheets on boards and sheets posted on doors around the church. There will be four colors available and will sell for \$6.00 apiece. We will also be selling big zinnias for the same price. Thank you Schfitzells for the beautiful choices! Flower pick up will be at the church on Saturday, May 4 from 10:00 a.m.-12:00 p.m. We will be in the garden area.



DOK Informational Meet

The Daughters of the King (DOK) is an order of women in the Episcopal Church providing prayer and service. We provide a confidential prayer box in the hall outside the entry to the church. We're having an informational gathering in Room 102 on April 14, immediately after the 10am service. If you'd like more information on DOK, please join us in our gathering. Coffee and treats will be available. If you'd like more information please contact Marsha Patterson at 417-860-5702.

SECOND SUNDAY BRUNCH

The next Second Sunday Brunch will be April 14th. We encourage you to join in the parish hall after the 10 a.m. service for food and fellowship. If you would like to bring a fruit, casserole, or other brunch dish to share please contact Kathy Sheppard at kathysheppard1950@gmail.com



Sprucing up your guest room for holiday visitors? Next to New is still welcoming fall, winter, and holiday clothing for ladies and gentlemen. Make closet space for your guests by donating your lonesome, gently-loved clothing!

Next to New is open:

Tuesday through Friday 11 a.m. to 5p.m., and Saturday 10 a.m. to 4 p.m.

QUEEN CITY CHORALE

Guest Choral Concert at Christ Church: As a component of our developing Concert Series Queen City Chorale (under the direction of our Director of Music, Kenny Kabak) will be performing their Spring Concert at Christ Church on Sunday, April 7th at 7pm! Entitled, "Sleepers, Awake!", this performance will feature J.S. Bach's stunning cantata Wachet auf, ruft uns die stimme accompanied by chamber orchestra! The rest of the program comprises other sacred anthems for choir and organ spanning centuries from ancient to modern including composers such as Victoria, Monteverdi, Howells, and others. The guest organist will be Zaheer Popo. Admission is free, but donations will be accepted to help sustain the work of the choir.