

Christ Episcopal Church

601 East Walnut Street Springfield, Missouri 65806 (417) 866-5133

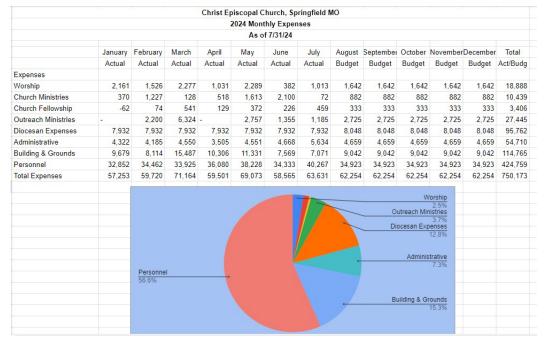
October 2024

The Messenger of Good News

www.christepiscopalchurch.com

A Message from our Treasurer: Monthly Expense Report

Hello CEC! My name is Tom Killingsworth and I am the Treasurer here at Christ Church. If we haven't met, please introduce yourself next time you see me. I always try to wear my nametag, and I am easy to spot. It's been about a year since I took over as the Treasurer and I am trying a few new things in my second year. I would like to provide a monthly report (summarized and following the monthly vestry meeting) and narrative. My first attempt is pictured here. This is a monthly view of our expenses. Its a start. Please share your feedback and questions. What would you like to see? How often? What format?



There is so much going on at Christ Church, and much more is in the works. There is no better way to get familiar with all the goings on, than to participate in the finance committee. The finance committee includes pledge campaign, budget, and just general brainstorming of how to tackle our financial management and planning. I would like to start up recurring meetings, so please opt in by reaching out to me in person, or by emailing the front office. If you have any questions or suggestions, my contact info is:

Tom Killingsworth 417.827.8978 tom.killingsworth@gmail.com

Online Worship Schedule

Sunday Morning live at 10 a.m. on our Facebook and YouTube Channel (search Christ Church Springfield, MO)

In-Person Worship

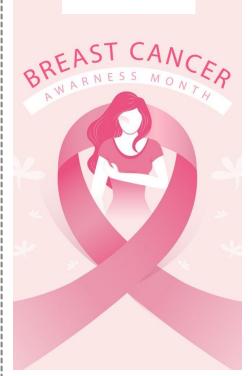
Sunday Morning Holy Eucharist Rite I at 8 a.m. and Rite II at 10 a.m.

Thursday Evening Holy Eucharist Rite II at 5:30 p.m. (with Healing Service the last Thursday of the month)

Office Hours

Monday-Friday, 8:30 a.m-5 p.m. (Closed for lunch 12 p.m.-1 p.m.)

OCTOBER IS...





Resilience: The Art of Bouncing Back (Save the Date!)

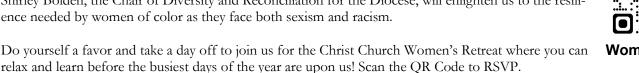
A Christ Church Women's Retreat with Bishop Diane Bruce is planned for Saturday, October 26th from 9 a.m.-3 p.m. in the parish hall. All women of the parish are invited to attend along with your friends. The cost is \$20 to cover lunch and materials and can be paid at the door via cash, check or card.

The theme, Resilience, will be communicated by Bishop Diane discussing a pivotal time in her crazy, busy life when she needed to reorder her priorities and put her complete trust in God. Bishop Diane says, "My story is one of resilience, fortitude, and love—grounded in prayer". Dr. Kathy

LeMon, a wonderful new member of our parish, will discuss some of the tools available as we meet life challenges to construct a creative, resilient life journey in her presentation entitled, "A Merry Heart Keeps Ticking On".

You will have an opportunity to choose from a variety of delightful women for your two breakout sessions. Dr. Eloise Thomas teaches at both Ozark Tech and MSU. Her research in aging and spirituality qualifies her to offer insight on how to balance

resilience across the challenges of the years. Mary Luke, a retired adolescent psych nurse-manager and member of the vestry, will be featuring practical advice on how to respond to a medical emergency at the church. She will engage us by letting us know what to look for and how to respond including the use of CPR and the AED. Mary Ellison, MA, MPH, is a retired public health professional. Mary will introduce us to the vision board as a hands on creative tool to visualize ways to deal with personal stress. Canon Shirley Bolden, the Chair of Diversity and Reconciliation for the Diocese, will enlighten us to the resilience needed by women of color as they face both sexism and racism.





Women's Retreat RSVP



October Outreach: Good Dads Strong Schools

Our Mission is to inspire, resource, and encourage all fathers to be more involved in their children's lives. Good Dads Strong Schools provides fathers with an opportunity to be more engaged in their kids' educations, fostering father-child conversation on a character theme each month, including: Family Identity, Freedom & Boundaries, Attitude of Gratitude, Staying Connected, Choices and Decisions and more!

The Outreach Committee had a guest speaker recently that is in charge of this great program. Good Dads Strong Schools need volunteers to help our Captains in conducting monthly meetings. Volunteers would be helping by performing tasks like:

- Assisting in setting up the area prior to start of the meeting
- Helping at the sign-in desk
- Handing out stickers, raffle tickets, lesson materials, and supplies to the dads and students
- Assisting with cleaning up the room at the conclusion of meeting

If you need more information about the program you can contact the person in charge Jim Milsap at 417-839-8806 or email at jim@gooddads.com



Submitted by Henry Foster Outreach Committee 573-718-9937 hmbfoster@att.net

Safe to Sleep

Dear Friends,

I'd like to share the stories of a couple of our guests, one of whom I came to know over the course of her time at Safe to Sleep. The first story is so similar to those of many of the women I have met over the last almost ten years of volunteering at the shelter, and it speaks to the tremendous need of such a service for our unsheltered women in Springfield. Some of you may already have seen her story, if you receive the Council of Churches newsletter, so this is a retelling of that.



"Amy" came to Safe to Sleep with nothing that would help her to find a place of her own. She had no identification, no birth certificate, no income, no family support and nowhere to go. She struggled with debilitating anxiety and depression, but even then she was highly motivated to find stability and work towards permanent housing. The Safe to Sleep case management team worked with Amy, meeting her where she was. They focused on her individual situation to help her develop self-directed goals, as they do for every woman who enters the shelter doors. Some situations are easily resolved; Amy's was not. Step by step, the team helped her check off the "easy" ones—ID, birth certificate, Social Security Number—and stayed by her side as she worked through the harder parts that followed: working with Burrell services to support her mental health recovery, connecting to the Missouri Career Center and a vocational rehabilitation program that was sustainable with her mental health issues, applying for disability benefits, and completing housing applications. For eight long months, Amy spent every night at Safe to Sleep on a cot in the host church's gym with 35-40 of her fellow unsheltered women. Thankfully, she was finally approved for a supportive housing program and will continue to work with a team to ensure her long-term stability.

This second story also speaks to the importance and impact that Safe to Sleep has in the lives of many of these women. "Jessica" recently attended a volunteer training session. At the end of the session, she asked if she might share something with the group. Jessica had been a guest at the shelter seven years ago. She was struggling with addiction, and in her words, she was a mess. She was close to being asked to leave Safe to Sleep because of her behavior, but she also realized how much she needed the sanctuary of the shelter. She was able to pull herself together enough to remain. Safe to Sleep gave her enough stability and motivation to find sobriety, regain custody of her children, and create an entirely new life for herself. Returning to volunteer was her way of giving back to the program that saved her.



These are just two of the stories of the hundreds of women who have come through the shelter doors over the years. Invariably, every time I work, several will come up and thank me for being there for them and for having a safe place to sleep each night. That's the good news. The other side of that coin is the shelter cannot operate without the generosity of member churches of the Council of Churches and individual donors. Christ Church and several of its members are long-time supporters of the mission of Safe to Sleep by bringing supply donations for the tub in the hallway, by volunteering, by providing meals twice month, and by providing financial support. Volunteers are especially needed, and both women and men eighteen and older may volunteer. I would be happy to answer any questions you may have about opportunities and needs.



Submitted by Jane Mellers



1 Lora Sorenson

1 Dr. Daniel Cardwell

1 Mary Macioce

4 Paula Stufflebam

5 Robert Baird

6 Susan Cardwell

8 Ieffrey Paulette

8 Larry Paulette

8 Lydia Tracy

10 Angie Larsen

10 Tyler Bare

10 Robert Sigmon

11 Keith Chaffin

12 Joanna Jordan

12 Robert Jordan

12 Austin Boyland

13 Edward Bousman

13 Tracy Hall

17 Hayley Cobb

17 Amy Chenoweth

17 Nick Casertano

17 Emmy Smith

18 Benjamin Killingsworth

20 Sue Reenan

22 Ben Schultz

23 Alice Lewis

23 Michaela Johnson

24 The Rev. Chandler

Jackson

24 Bea Ross

24 Anna Ferguson

26 Jennifer Ruff

26 June Chumbley

26 Landon Boaz

26 Jake Johnson

28 Jessica Milne

28 Wil Long

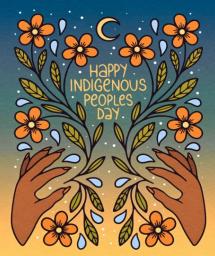
29 Skip Barnes













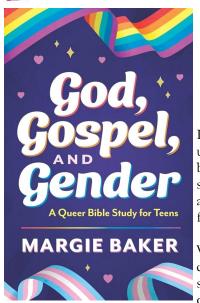
Calling all young adults (your definition)! Please join us October 25th for a 7:30 p.m. showing of The Rocky Horror Show at the Lightroom Lounge in Martha's Vineyard (located 215 W Olive St. Springfield, MO). Keep an eye out in upcoming announcements for further details and how to sign up. Invite a friend!



The Women's Fellowship meeting is planned for October 2nd at 14 Mill Market (located 203 E Mt Vernon St. Nixa, MO) from 5 to 7 p.m. Please sign up on the bulletin board outside the church office or contact Mary Ellison. Hope to see you there!



The Men's Fellowship evening for October will be held on October 4th at Mother's Brewing (located at 215 S Grant Ave, Springfield, MO) from 5 to 8 p.m. We will be having Susan Cardwell's world famous brats. We look forward to seeing you for this Oktoberfest event!



A Book Review of "God, Gospel, and Gender: A Queer Bible Study for Teens" by Margie Baker

In God, Gospel, and Gender, Margie Baker offers an inclusive and empowering approach to understanding faith, identity, and the Bible through the lens of LGBTQ+ experiences. This book is designed to support teens as they navigate questions of gender, sexuality, and faith, showing that these aspects of who we are don't have to be in conflict. Baker provides a safe and affirming space for young people to explore how their identity fits into God's plan, offering thoughtful reflections, scripture insights, and relatable stories.

What makes this study stand out is its clear, compassionate, and accessible tone. Baker doesn't shy away from difficult questions that queer teens may face when it comes to faith, such as reconciling their identity with what they may have been taught in more traditional church settings. She uses scripture in a way that highlights God's love for all people, empha-

sizing inclusion and acceptance. By looking at Bible stories through a queer-positive perspective, she helps teens see themselves reflected in the Bible and reassures them that their faith is valid.

Each chapter is designed to spark reflection and conversation, encouraging teens to engage with both scripture and their own life experiences. Baker's approach fosters a sense of belonging and spiritual growth, showing that God's message of love is for everyone, no matter their gender identity or sexual orientation. The book's interactive format, with space for journaling and group discussion, makes it a helpful tool for youth groups or individuals seeking a deeper connection to their faith in an affirming environment.

In summary, *God, Gospel, and Gender* is a must-read for LGBTQ+ teens and allies who want to explore the Bible in a way that celebrates diversity and inclusion. Margie Baker has crafted a thoughtful, engaging, and affirming resource that helps teens understand that their identity and faith are beautifully intertwined. It's an invaluable guide for anyone looking to build a stronger, more inclusive relationship with God and the gospel.

Submitted by Kenny Kabak.





We would like to thank everyone for attending the Episcopal 101 classes! We have had a great turnout. The last session will be on Sunday, October 6th at 9 a.m. Come join Fr. Joe and Mtr. Katherine in the parish hall!





Interested in serving with Christ Church on Sunday mornings? There will be a one-hour acolyte training session on Wednesday, October 9th at 7:00 p.m. in the Nave led by our own Tom Killingsworth and Hayley Cobb. While we request that parents of new acolytes attend, this training is open to all parishioners. Come and join us!



Fall Garden Guild Celebration

If you have not attended any of the fabulous garden guild parties at Christ Church, you are missing out! Please join us to enjoy a fall evening on Saturday, November 2, at 4:30 p.m. in the garden. Be prepared for a special fall cocktail created by our own Ms. Cardwell, and of course plenty of hors d'oeuvres to feed us all. Sign up sheets are on bulletin board B across from the office.

FAITHIN JUSTION



Mark your calendars for Sunday, October 6th! We will be having a ministry fair entitled, Faith in Action in the Parish Hall immediately following both the 8 a.m. and 10 a.m. services. Tables will be set up around the Parish Hall, each with information about a different one of Christ Church's ministries. This is an excellent opportunity to learn about the variety of ministries that CEC has to offer. Our ministries focus on fellowship opportunities, compassion, assisting the Springfield community, and providing assistance to Haiti. There's bound to be a ministry or volunteer opportunity that calls to you. Please join us for this exciting occasion. There will be doughnuts!





Daily Morning Prayer

Start your day with us in prayer! Tune into Facebook Live for Morning Prayer every Monday through Thursday at 9am. This is a great way to center yourself, connect with God, and set a positive tone for the day ahead. Even better, you can join us from wherever you are, whether it be on the go, at home, or at work. We hope to see you online!



Interested in having a meaningful conversation in a relaxed setting? Meet Mtr. Katherine at Travellers House Coffee and Tea near campus every Thursday from 1:30-4:30 pm, ready to chat about anything and everything. Whether you're curious about faith, The Episcopal Church, seeking advice, or just want to talk about life over a cup of coffee, this is the perfect opportunity. No pressure, no preaching – just a friendly conversation with someone who genuinely cares. Come join her and bring your questions, thoughts, and friends!



Christ Church would like to invite you and your pets to The Blessing of the Animals on Saturday, October 5, at 10 a.m. on the church lawn. The Blessing of the Animals is a service attributed to St. Francis, the patron saint of animals. Mtr. Katherine Mansfield will pray for and bless your furry, feathery, and scaly companions during this short service. We will have a photographer to take photos of you and your pets. Additionally, we will collect donations of dog supplies and food for Havaheart Rescue. Current needs include puppy training pads, leashes, dog toys (especially for larger dogs), laundry pods, and puppy kibble.